Decompression Curriculum
Lesson 1

Video/CD Title: Sex and the Body (0401)  Author: Bill Johnson
Disc Start Time: 00:00  Disc End Time: 1:17:47

Complete this top section and then answer the questions below in the space provided. If you need more space, please use a separate sheet of paper. Attach this page to the front of your assignment when you turn it in.

Name: _______________________  Home: ______________  Date: ____________

Introduction: 1 Corinthians 5 and Matthew 18 give us clear direction that we are to hold our fellow Christians accountable for ungodly conduct. So, when we choose not to do so, we not only show our lack of concern for our brother or sister’s self-destructive behavior, we also reveal our agreement with the sin and our willingness to be in rebellion against God.

Oftentimes, we do not confront another Christian who is in error out of a call to not judge others. However, this frame of mind is not consistent with Scripture, most notably (please read) 1 Corinthians 5. Sometimes, we resist the confrontation due to pre-judging the other person’s reaction. Now, that is ungodly judging. At other times, we refuse to confront out of a sense of being “soft hearted” or offering grace and mercy. “Unsanctified mercy” leaves those we are called to love in the mire of their own filth and/or at risk of their own destruction. When God commands that we confront for the purpose of restoration, deliverance, and healing, who are we to be so arrogant to think we are more loving than God? Even putting someone out of our fellowship is for the purpose that his/her “spirit may be saved on the day of the Lord.” Kingdom confrontation draws people to their greatness.

Discussion 1: Read Matthew 18:15-17.

Drill Down 1:
• Based on Matthew 18, what are the four steps God has given us to restore a brother or sister into healthy relationship?
  1. 
  2. 
  3. 
  4. 

• Based on these Scripture verses, what are the exceptions to confronting a brother or sister in error?

• With the purpose of the confrontation stated in verse 15, who loves a brother or sister more, the one who confronts sin or the one who ignores sin? Why?
Decompression Curriculum
Lesson 1

Discussion 2: Bill Johnson gave an example of a serial killer being confronted to address his sin problem. In that example, he shared the inappropriateness of the serial killer’s transformation from ungodly behavior to godly behavior as a matter of tapering off on his sin (“kill only one this month”). True repentance will yield an immediate and radical change in our thinking, our speech, and our behavior.

Drill Down 2:
• In your own life, what unhealthy thinking, sin issues, or bad habits are you trying to “taper off” (overcome over time)?

• Based on this lesson, is this evidence of true repentance? _________
• If so, how do you reconcile this lesson with your answer?

• If you have not truly repented, is this something you want to do? _________
• Do you want help with this? _________
• What will you do?

Post Class Instructions: Instead of treating this lesson as just another intellectual exercise, seek out ways to apply this material to your pursuit and development of healthy relationships.