Lesson 0103

Video/CD Title: When You're Struggling	Author: Greg Rohlinger	
Disc Start Time: 00:00	Disc End Time: 34:02	
Instructions: Even though you can't control what happens in response.	your life, you do control your	
Share the most recent time in your life when you gave up hard.	because the struggle was too	
What was some of your self-talk that led to the decision to	give up?	
Think of some other things you could have told yourself, pa Biblical truth, that might have made a difference in your de	• •	
 Discussion 2: The struggle has value to it. Drill Down 2: Looking at the recent time shared above, had you remained in and fought through the struggle, what value might you have gained in the midst of the struggle (not in the overcoming but in the midst of the struggle). 		
Discussion 3: God prepares your character through the tough ti Drill Down 3: • What is the biggest struggle you are going through now re		

Lesson 0103

•	Reflecting on the DVD presentation you just watched, what value can you find in this struggle?	
•	How might God use this particular situation to mold and shape your character?	
•	What kind of self-talk can you use (encourage yourself in the Lord) to help you fight through the struggle instead of escaping the struggle?	

Post Class Thoughts: Share during your next Dynamic Night your current struggles regarding New Name and ask for your brothers' perspective. You might be surprised by the feedback you receive because you don't know what you don't know.