

## Lesson 0338

Video/CD Title: Characteristics & Cycle of Sexual Addiction  
Disc Start Time: 00:00

Author: Dr. Mark Laaser  
Disc End Time: 29:47

**Introduction:** No matter what method we get ourselves involved in sexual addiction, it had to involve making choices in agreement with the enemy. We can escape sexual addiction much the same way, by making a series of choices in agreement with God.

**Discussion 1:** James 1:6-8 “But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. That person should not expect to receive anything from the Lord. Such a person is double-minded and unstable in all they do.” This picture of being in an “unmanageable” condition is rooted in the lack of faith that God is either unwilling or unable to give, therefore; we should have no expectation to receive.

### Drill Down 1:

- During any time during your sexual addiction, did you make any effort to get free, whether these efforts would appear spiritual or not?

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- If you answered yes above, in the midst of being unable to manage your addiction, what efforts did you make? Were they rooted in the belief that you could overcome? Were these efforts founded in truth or lies?

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**Discussion 2:** According to this DVD, in order for there to be an addiction, a neuro-chemical tolerance must take place. The Bible proves this to be true as stated in Ephesians 4:19 “Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.”

### Drill Down 2:

- Share how in your life, you became desensitized to the pleasure you found in deviancy so you were driven to have more of it..

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**Discussion 3:** For something to be an addiction, there must be a progression.

### Drill Down 3:

- Describe an area of your addiction where you progressed to more deviant behavior.

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**Discussion 4:** This video also teaches that addicts always come back.

- Even though you may feel like you overcame your addiction while in prison/jail, many men re-enter freedom (and New Name) and fall right back into old habits. List three (3) things you are doing to make sure this does not happen to you.

1.

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2.

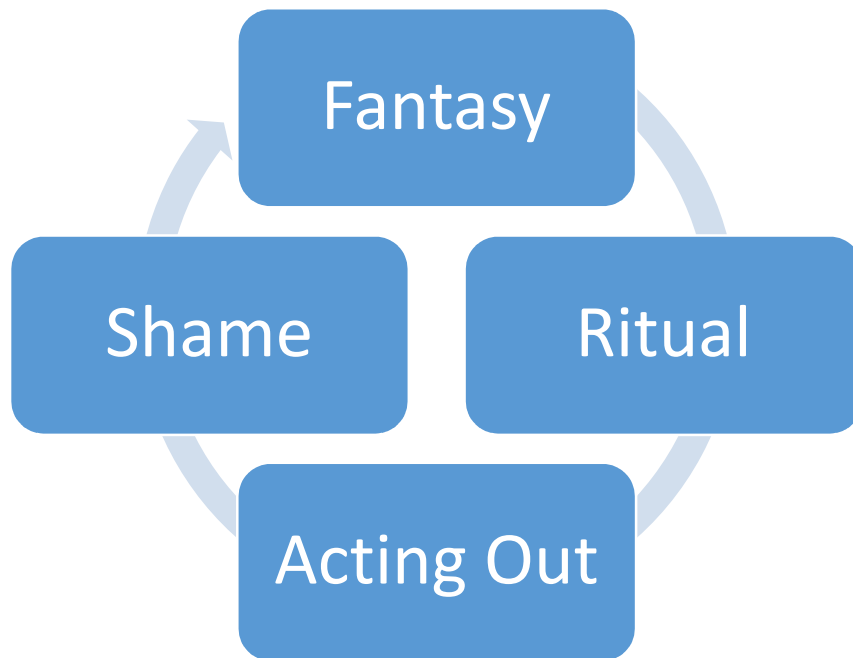
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3.

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**Discussion 5:** Above is the Sexual Addiction Cycle as taught in this lesson

- Describe your sexual addiction cycle below.

Fantasy

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Ritual

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Acting Out

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Shame

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