

## Lesson 0411

Video/CD Title: Soul Detox – Part 1  
Disc Start Time: 00:00

Author: Craig Groeschel  
Disc End Time: 34:32

**Introduction:** God saw me \_\_\_\_\_ yet still loved me.  
insert sexual deviant act here

God saw me \_\_\_\_\_ yet wanted me to be His son.  
insert masturbatory fantasy here

**Discussion 1:** Toxic is anything containing poisonous material capable of causing sickness or death. James 1:15 “Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.”

### Drill Down 1:

- Share how sexual addiction has poisoned your life. This can include anything from a loss of real intimacy to criminal convictions.

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- If you have been able to identify the seed of this toxicity entering your life, what was it?

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**Discussion 2:** Everyone finds what they are looking for: a hummingbird finds nectar, a buzzard finds rotting meat.

### Drill Down 2:

- As that toxic seed grew in your life, what did you find yourself looking for based on what you found?

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- What did you tell yourself you were looking for to make it seem alright?

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### Drill Down 3:

- List five (5) toxic thoughts related to your sexual addiction. Next to each of these thoughts, write a short statement renouncing the toxic thought.

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- For each of the five (5) toxic thoughts above, write down a statement on God's truth on the matter.

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