

Lesson 0330A

Video/CD Title: Coming Clean
Disc Start Time: 00:00

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Disc End Time: 00:00

Introduction: 2 Timothy 2:22 “So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call upon the name of the Lord from a pure heart.” Run from (“flee”), run toward (“pursue”), and run with.

- From – youthful passions, cravings of lust: physically, visually, and mentally
- Toward – a life of righteousness, faith, love, and peace
- With – those who call on the Lord from a pure heart

Discussion 1: We often want a private solution to our seemingly private problem. We need an awareness that our actions (no matter how private we tell ourselves that they are) impact our families, friends, and communities.

Drill Down 1:

- A closed bathroom door can be a sign of a desire of privacy. It can also be a sign of a desire of secrecy. Please offer an example of each.

Privacy:

Secrecy:

- Describe a (not necessarily sexual) situation from your past that you felt you were keeping it a secret but it impacted those around you anyway? Please include the impact it had.

- How can you as a Christian fight the illusion of secrecy and your tendency to want to create private corners where sin can thrive?

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Discussion 2: James 5:16 “Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.” True healing always includes an element of accountability.

Drill Down 2:

- In dealing with your sexual addiction issue, describe your James 5:16 moment (or at least your most impactful one)?

- If you had more than one James 5:16 moment, which ones were more impactful, the times you were more transparent or less transparent?

Discussion 3: Don't make your accountability relationship a circle of cheap confession by which you obtain cheap peace for your troubled conscience. Conversation must not stop confession.

Drill Down 3:

- Is there a time of day or place that you are more easily tempted? If so, please explain.

- When you are tempted, what controls do you use to keep your heart and mind from entertaining lust?

- How are your accountability relationships available during these times or accessible when you are in that place of temptation?
