

## Curriculum Cue

Video/CD Title: 0318-1 Dealing with Dark Seasons – Part 1  
Disc Start Time: 00:00

Author: Kris Vallotton  
Disc End Time: 26:45

**Instructions:** After watching the DVD to the designated end time please read as many variations of the following verse as your group has to share: Isaiah 35:1 “The wilderness and the solitary place shall be glad for them; and the desert shall rejoice, and blossom as the rose.” (KJV)

**Discussion 1:** Kris Vallotton speaks of “The wilderness and desert will be glad” as being seasons in our life when we rejoiced and shouted with joy for the glory of the Lord and His majesty.

### Drill Down 1:

- What seasons of your life can you look back on that would fit this description?
- If unable to identify a season of this nature, you may still be in the desert or wilderness season of your life. What would lead you to shout for joy that would glorify the Lord?

**Discussion 2:** Sometimes we forget that we have an enemy. We naturalize our circumstances rather than looking to the spiritual condition of our walls and gates, or those of others we are called to protect (Brother’s Keeper). We’re called to be led of and sensitive to the things of the Spirit, not just wishing folks “good luck” but actually going after and destroying the works of the enemy.

### Drill Down 2:

- What does it look like to be sensitive to what is going on in the Spirit and respond accordingly?
- Please share as many examples within the group as possible.

**Discussion 3:** Kris read Proverbs 24:5 “A wise man is strong and increases in power”. Please read this Scripture out loud in as many versions as you have in your group.

### Drill Down 3:

- What does this verse mean to you?
- How has it played out in your life?
- What should your wisdom and strength be used for?
- How does it apply to your walk in Christ and the **vision** you have for your life?

**Post Class Instructions:** There are people who are in the process of rebuilding their walls (healthy ones) and they’re exhausted. Sometimes we’re in the middle of a warfare and we need others protecting us. Since we tend to receive what we put our focus on, it’s important we be encouraged. The words for “encourage the exhausted” in the Hebrew language also means “holding spears” as in the story of Nehemiah (whose name means “comforter”) when he was restoring the walls and putting up the gates around his Lord’s chosen city. Those who were with him grew weak and feeble when focusing on the wrong things. We must learn to hold our spears and work out our salvation at the same time. If our hearts become anxious we must remember that our help is constantly with us and that resistance only comes when we’re moving the right direction. Be of good cheer for He has overcome the world!

To encourage and empower people, we don’t need to give instructions on how they can get well. We need to exhort them to take courage (remembering who they really are), collect their strength (believe they are who God says they are), and increase in power (faith comes through hearing, and hearing through the word of God). Let’s shine our light on the strengths, abilities and blessings that people possess so as to build them up. How do you collect your strength, take courage, and increase your power?

## Curriculum Cue Class Participation Checklist

Facilitator: \_\_\_\_\_ Date: \_\_\_\_\_ OSM Signature: \_\_\_\_\_

Check here if first time to facilitate.

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Attendee	I	1. √	2. √	3. √	Attendee	I	1. √	2. √	3. √
					<b>Absent</b>				

	Drill Down Attendee	Pivot Point (Point of Repentance)
1.		
2.		
3.		

Place a check mark √ in the “I” column for each attendee who offered input into the discussion.  
Place a check mark √ next to attendee only if he assists in drill down. Each column represents one drill down.