

Lesson 0223

Video/CD Title: Know Yourself, Know Your Team
Disc Start Time: 00:00

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Disc End Time: 58:48

Instructions: Get ready to learn more about who we are, our strengths and the advantages we bring to those we are connected to. Permission has been granted to be ourselves as we discover how to play to the strengths of each of the members on our team or in our family.

Typically we resist people who are different from us. We prefer other people to be like us so we can get along and don't need to work so hard at making things comfortable for us, and others. It can be hard to find value in people we don't understand or relate to. From a Kingdom perspective, our value comes from being created in the image of God for His glory as the body of Christ.

The opportunity for personal growth is often blocked by understanding. This isn't only your personal growth but the growth of others around you. The Word says that "my people perish for lack of knowledge."

Discussion 1: Read 1 Corinthians 12:12 – 26. This portion of God's word clearly illustrates that we are vitally important to one another, though different.

Drill Down 1:

- Why do you think these words were written to the Corinthians?
- How can the view presented in Corinth change the interaction and reactions within a group of Believers?

- What part of the Body do you see yourself as?

Discussion 2: As leaders (everyone leads somewhere at some time), we need to discover what we're great at and what we need as a team so as to bring the Kingdom of Heaven to earth as one. DISC training is great for this process! Let's take a look at the different traits in each of us:

Drill Down 2:

- What do you see as your primary trait from the Handout 1?

- What do you like best about this trait? Why?

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- What do you like least about this trait? Why?

- What trait would you like to activate more in your life? Why?

Discussion 3: Read the Handout 2. D's & C's are task oriented folks (don't put them in charge of FUN!), they want to be certain of what they're going to be doing, plan it, research it and have complete certainty of productivity! S's & I's are people oriented (Don't put them in charge of production), they roll well with and even enjoy uncertainty (FYI - S's will follow I's)

Drill Down 3:

- D's and I's are fast paced for different reasons. Share a real life example of someone you have known from each of these two personality types with the reasons they were fast paced.

- C's and S's are slow paced for different reasons. Share a real life example of someone you have known from each of these two personality types with the reasons they were slow paced.

Post Lesson Instructions: All these traits are in each of us to one extent or another. Even though we're part of the same body our differences can make others and ourselves anxious and fearful at times. Our primary traits are so predictable, learning how others process life can relieve a lot of stress. The better (and sooner) we understand our own and other's temperaments, the better life can be!

Spiritual maturity looks like someone who can lead in the capacity that is needed for the moment, in the moment, for the good of all those concerned. Knowing how to interpret and deal with the different personalities we all possess creates opportunities for better outcomes.