

Lesson 0217

Video/CD Title: Understanding the Four Temperaments
Disc Start Time: 00:00

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Disc End Time: 46:21

Personality Strengths and Weaknesses Inventory

Review: Below are the four personality types as discussed in the last two lessons:

Dominant = Choleric

Inspiring = Sanguine

Supportive = Phlegmatic

Cautious = Melancholy

Personality Type Reevaluation: Based on this video, which are your Primary and Secondary personality types. This may or may not match what you found in the previous lesson.

Name: _____ **Date:** _____

Primary: _____ **Secondary:** _____

Instructions: From the information you learned during this video as well as what you find in the accompanying handout, complete an inventory of **your** personality Strengths and Weaknesses. If you identify a Strength or a Weakness that does not fit within your Primary or Secondary personality type, please mark it with an asterisk (*). If there are any Strengths listed among your Primary or Secondary types that you do not feel you exhibit, include these and underline them.

Strengths	Weaknesses

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Drill Down 1:

- Review your Introduction to DISC Worksheet (the one with all of the circles). If your own view of your personality is different from the consensus view, share why you think others see you differently than you see yourself.

- Write a prayer for yourself for life to enter into the areas (Strengths) you identified as a part of your personality type yet is lacking in your life (the underlined items).

Post Lesson Instructions: As you continue with this current series, look within yourself to find the things that are blocking your Strengths from being made manifest for Kingdom use. What perversions of the right version do you need to repent of? What are the roots of your weaknesses?