

Lesson 0301B

Video/CD Title: The Gift In You – Part 2
Disc Start Time: 00:00

Author: Dr. Caroline Leaf
Disc End Time: 39:39

Introduction: Try not to focus on the science Dr. Leaf explains in this DVD. The real workings of your brain reveal the awesomeness of God.

Discussion 1: We need to understand how we are uniquely gifted for the following reasons:

- To understand ourselves
- To understand our purpose
- To find that One Thing (God-Given Greatness) we can do better than anyone else
- To use that One Thing to serve others

Exercise 1:

- What kinds of situations do you most frequently allow to block your greatness (your unique gift for processing information) with a “Toxic Tree Branch”? (Refer to your Personality Strengths and Weaknesses Inventory for ideas.)

- When it happens how does this dishonor the gift God has placed in you?

- Choose 5 situations that you most frequently allow to block your greatness and come up with a declaration for each one about what you will do (be specific) to honor your God-given gift the next time.

1.

2.

3.

4.

5.

Post Lesson Instructions: Instead of telling yourself how badly you messed up, anytime you block your greatness with a “Toxic Tree Branch” declare how you will honor your God-given gift the next time.