

**Lesson 0301E**  
**The Gift In You**  
**Questionnaire**

**Scoring**

Total your “Yes” answers for each section and divide that number by thirty (30). This will give you your percentage for each section. If you score high (80%) in a section then it means you primarily use that portion of your brain to process things. Remember, there are no wrong answers... this is all about how you process information. Record your scores below in order of your highest percentage to your lowest percentage.

<b>Rank</b>	<b>Section</b>	<b>Score</b>
1		
2		
3		
4		
5		
6		
7		

Remember, your scores above represent how much time you spend processing information in that portion of your brain. While your scores probably vary from person to person, the order in which you process information through the different parts of your brain varies as well.

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**Questionnaire**  
 Intrapersonal Intelligence

Question 1-30	Yes?	No?
I am very aware of all my emotions.		
I am easily able to express how I feel in detail.		
I can easily find different ways to express my emotions and thoughts.		
I can sit quietly for hours on my own thinking and sorting things out in my own mind.		
I believe I am very well balanced.		
I can work independently.		
I am very organized.		
I am motivated to set goals for myself and to achieve them.		
I don't need people around me all the time.		
I prefer to be on my own to being in a group.		
I enjoy my own company.		
I am very curious about the deep issues of life and love to ponder their meaning and relevance.		
I love to philosophize.		
I am challenged by the purpose of life.		
It is very important for me to understand my inner experiences.		
Human rights issues are close to my heart.		
I am very affected by the plight of others.		
I am determined to make a difference in life.		
I have a desire to empower others.		
I am a very good listener.		
I only offer advice if asked.		
I find it very easy to consider a person's problem and to advise him or her.		
I never impose my ideas on others even though I always have an opinion.		
I have insight into issues and life in general.		
I love writing journal entries.		
I enjoy receiving feedback on my efforts.		
I prefer to work alone.		
I often have opinions that set me apart from the crowd.		
I prefer self-directed learning as in distance (online) learning.		
I consider myself to have a good self-esteem.		
Total "Yes" Answers		
Total "Yes" Answers Divided by 30	%	

**Lesson 0301E**  
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Inter-personal Intelligence

Question 1-30	Yes?	No?
I need people around me a lot.		
I form friendships easily.		
I keep good friendships for many years.		
I recognize that there are many different ways of communicating with others.		
I make use of these different ways of communicating.		
I find it easy to tune into the needs of others.		
I am able to perceive the thoughts and feelings of others.		
I find it easy to counsel and guide people.		
I like to influence the opinions and/or actions of others.		
I enjoy participating in collaborative efforts.		
I am able to assume various roles in a group - from a follower to the leader.		
I prefer to lead rather than follow in a group.		
I am quick to understand the verbal and non-verbal communication of a group or of a person.		
I get on well with my parents, brothers and sisters.		
I communicate effectively both on a non-verbal and verbal level.		
I can easily adapt my behavior and conversation to different groups and environments.		
I can easily adapt my explanation or communication or behavior based on the feedback of others.		
I am very good at meditating.		
I love mentoring people.		
I am good at organizing others into getting a group project done.		
I can easily work with people from diverse ages and backgrounds.		
I am a good leader and visionary.		
I am good at managing people in terms of action planning and getting things done.		
I am good at arguing a point and can be convincing.		
I thrive on attention.		
I like to be needed.		
I am good at conflict management.		
I am a good "Solution-finder."		
I like to generate many perspectives on topics.		
People tend to come to me for counsel and advice.		
Total "Yes" Answers		
Total "Yes" Answers Divided by 30	%	

**Lesson 0301E**  
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**Questionnaire**  
Linguistic Intelligence

Question 1-30	Yes?	No?
I like using stories to explain something.		
I like debating in discussions.		
I enjoy writing poems, stories, legends and articles.		
I would like to write a play.		
I like telling stories.		
I like describing events in detail.		
I like giving presentations.		
I like leading discussions.		
I like writing/typing journal entries.		
I would love to create a talk show program for radio or TV.		
I enjoy writing newsletters.		
I love using, for example, encyclopedias, concordances and thesauruses to expand my knowledge.		
I love inventing catchy slogans or sayings.		
I like or would enjoy conducting an interview.		
I use e-mail and text messaging a lot.		
I enjoy or would enjoy writing a novel or long story.		
I always have something to say and enjoy talking.		
Books and reading materials are very important to me.		
I hear words in my head before I speak, read or write.		
I would rather listen to the radio or a CD than watch TV.		
I enjoy word and information games like Scrabble and Trivial Pursuit.		
I enjoy entertaining myself and others with tongue twisters, puns and nonsense rhymes.		
I like to use complex vocabulary and long sentences.		
When driving or in a car I pay more attention to signs, billboards and anything written versus scenery.		
I prefer subjects like history, literature, integrated studies and languages to math, science and computer studies.		
In a conversation, I refer a lot to what I have read or heard.		
I spell well.		
I have a good general knowledge.		
I ask a lot of questions.		
I hear words in my head as I listen to someone or when I am watching TV.		
Total "Yes" Answers		
Total "Yes" Answers Divided by 30		%

**Lesson 0301E**  
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**Questionnaire**

Logical/Mathematical Intelligence

Question 1-30	Yes?	No?
Mathematical formulas “talk” to me.		
I see meaning in numbers.		
I like designing and conducting experiments.		
I like creating strategy games like Survivor and Treasure hunts.		
I like organizing my time.		
I like interpreting data.		
I like hypothesizing and asking “What if?”		
I like categorizing facts and information.		
I like describing symmetry and balance.		
I can always see the pros and cons of a situation.		
I like planning.		
I like reasoning things out.		
I like playing with numbers and doing complex mathematical operations.		
I like using technology.		
I can easily compute numbers in my head.		
My favorite subjects are or were science, math and computer science.		
I enjoy logical games like chess and cards.		
I enjoy computer games.		
I enjoy brain teasers.		
I enjoy problem-solving.		
I enjoy “What if?” games.		
My mind searches for patterns and regularities and logical sequences.		
New developments in science, technology and nature interest me.		
I like rational explanations for everything.		
I often think in abstract (wordless, Imageless) concepts.		
I understand and need order.		
I am immediately aware of logical flaws in a person’s argument or conversation.		
I notice illogical sequences for example, in events or films.		
I like building puzzles.		
I love questioning and experimenting.		
Total “Yes” Answers		
Total “Yes” Answers Divided by 30	%	

**Lesson 0301E**  
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Kinesthetic Intelligence

Question 1-30	Yes?	No?
I need to explore a new environment through touch and movement.		
I like to touch or handle what I need to learn; I cannot just look at it.		
I consider myself to be well coordinated.		
I have a good sense of timing in life, for example, I am always on time and can manage my time.		
I have a good sense of timing when it comes to physical activities.		
I am good at arranging furniture in a room and placing decorative items on a table.		
I enjoy field trips like visiting a museum or th planetarium.		
I enjoy participating in plays.		
I enjoy physical strategy games like Catches, Stuck in the Mud and treasure hunts.		
I notice when people have not color coordinated their clothes, fabrics or styles correctly.		
I like symmetry in a room, for example, putting two identical potted plants on either side of a couch.		
I am aware of and concerned about my physical health so I exercise regularly and try to eat a healthy, balanced diet.		
I find it easy to participate in a group activity that involves a coordinated sequence of movements such as aerobics and dancing.		
I am good at activities involving dexterity with my hands, like sewing.		
I like doing things like pottery and woodcarving.		
I find it easy to create new forms in a sport, for example, a new type of dance or a new version of basketball.		
I really enjoy watching sports - live and on TV - and recognize and appreciate the skill involved.		
I have good ball skills and can therefore play soccer, baseball, football and tennis.		
I have excellent hand-eye coordination and therefore am good at tennis, softball, racquetball and basketball.		
I am a good cyclist.		
I love to run for exercise.		
I love to take part in marathons.		
I prefer individual to group sports.		
I love movement and sport, but I am not that proficient in any particular sport.		
I love swimming.		
I find it difficult to sit still for long periods of time, especially in a classroom environment.		
I often feel compelled to move about in order to help myself not lose concentration.		
I find that I need to move in some way- even if it is wiggling- when I am learning and building memory.		
I like making models of things with play dough or clay.		
I like using my hands and body movement when I am talking.		
Total "Yes" Answers		
Total "Yes" Answers Divided by 30		%

## Lesson 0301E The Gift In You Questionnaire

### Musical Intelligence

Question 1-30	Yes?	No?
I can easily read body language.		
I find it easy to pick up the nuances in someone's speech, for example, whether he or she is sarcastic, angry, irritated, or worried.		
I find myself listening and responding to a variety of sounds including the human voice, environmental sounds, sounds in nature and music.		
I enjoy music and find myself needing music in the learning environment.		
I will often create my own rhythm if I can't hear music, especially when I am concentrating, for example, clicking my pen, tapping my foot or ricking in my chair rhythmically.		
I find myself responding to music by humming along.		
I find myself responding to music by moving in time to the music.		
I find music and singing make me feel various emotions.		
If I watch gymnastics or ballet or dancing or any sport, I can "hear" the music in the body movements.		
I recognize different types of musical styles and genres and cultural variations.		
I find the role music has played and continues to play in human live fascinating.		
I collect CDs and mp3s of different types of music.		
I have the ability to sing.		
I play one or more musical instruments.		
I am able and like to analyze and critique musical selections.		
I often am able to interpret what a composer is communicating through music.		
I remember the titles and the words of songs.		
I can hear a song once or twice and then sing most of it.		
I have a desire to create, or I have created a musical instrument.		
I like music.		
I would love to be (or I am already) a sound engineer, conductor or musician.		
I read music.		
I like musical games, for example, Karaoke.		
I often tap or hum while working or when learning something new.		
I like whistling and often do.		
I often have intuitive hunches.		
I can easily "read between the lines."		
I can "read" people easily		
I am not easily misled.		
I am somewhat cynical.		
Total "Yes" Answers		
Total "Yes" Answers Divided by 30	%	

**Lesson 0301E**  
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 Visual/Spatial Intelligence

Question 1-30

Yes? No?

I think in 3-D, for example, I can easily mentally move or manipulate objects in space to see how they will interact with other objects, such as gears turning parts of machinery.		
I like to produce and can easily understand graphic information, for example, using graphs or charts to explain concepts.		
I can easily navigate my way through space, for example, when I'm moving through apertures, moving a car through traffic, parking a car, etc.		
I can easily read a road map.		
I like building puzzles, especially big ones.		
I like creating photo collages and scrapbooking.		
I like creating PowerPoint presentations.		
I like taking photos or creating videos of special occasions.		
I like designing posters/murals/bulletin boards.		
I find myself visualizing (pictures and imaging) a lot, especially when I am listening and trying to understand.		
I can easily remember large chunks of information (for short periods of time) just from reading.		
I like creating complex "architecture" type drawings.		
I would love to make or love making a film or an advertisement.		
I appreciate and notice variation in color, size and shape, for example, I notice the colors, furniture and interior design in rooms.		
I naturally color code, for example, Sunday is red, and Monday is blue.		
I like board games like Monopoly and Trivial Pursuit.		
I like and am fairly good at producing various art forms such as illustrations, drawings, sketches, paintings and sculpture.		
I like using technology, such as computers.		
I like to do presentations and lectures or teach using computers, data projectors and overhead projectors.		
I like writing on a board or flipchart when I am explaining something, lecturing or teaching.		
I see clear visual images of what I am thinking or hearing when I close my eyes.		
I have vivid dreams.		
I can easily find my way around and only need to go to a place once and will easily find my way back again.		
I like drawing and doodling especially when on the phone or when listening to a lecture where I have to concentrate.		
I prefer not to look at a lecturer or teacher's face when I am trying to concentrate as this distracts me.		
I find it easier to learn when I can see and observe.		
I often use visual images as an aid to recall detailed information.		
I can easily fold a piece of paper into a complex shape and visualize its new form.		
I find it easy to see things-both concrete and linguistic-in different ways or from new perspectives, for example, detecting one form hidden in another or seeing the "other angle" of a problem.		
I like building blocks, origami objects, Lego, models and bridges.		
Total "Yes" Answers		
Total "Yes" Answers Divided by 30	%	